

National Arena League Round 3, Harlow
11th December 2010

Age	Distance	Stroke	Time	Place	Swimmer	Split	Swimmer	Split	Swimmer	Split	Swimmer	Split
U/12	G 50m	Back	39.44	3	Lois Martin							
U/12	G 50m	Breast	46.62	5	Danielle Carbery							
U/12	G 50m	Fly	38.36	3	Lois Martin							
U/12	G 50m	Free	33.49	3	Danielle Carbery							
U/12	G 4X50m	Medley Relay	2:37.44	3	Lois Martin	40.47	Natalie Andrew	44.06	April Hedges	38.64	Danielle Carbery	34.27
U/12	G 4X50m	Free Relay	2:16.19	2	Natalie Andrew	35.32	April Hedges	35.01	Lois Martin	34.01	Danielle Carbery	31.85
U/12	B 50m	Back	38.26	2	Michael Rees							
U/12	B 50m	Breast	41.50	1	William Ward							
U/12	B 50m	Fly	37.53	2	George Brown							
U/12	B 50m	Free	32.85	1	George Brown							
U/12	B 4X50m	Medley Relay	2:33.68	2	Adam Smith	39.18	William Ward	41.99	Michael Rees	40.83	George Brown	31.68
U/12	B 4X50m	Free Relay	2:11.27	1	Michael Rees	34.14	Adam Smith	33.24	William Ward	32.31	George Brown	31.58
U/14	G 100m	Back	1:20.39	6	Charlie Carr							
U/14	G 100m	Breast	1:29.25	5	Charlie Carr							
U/14	G 100m	Fly	1:28.93	6	Natalie Andrew							
U/14	G 100m	Free	1:08.29	1	Rosie Heape							
U/14	G 4X50m	Medley Relay	2:30.63	7	Charlie Carr	37.29	Juliette Williamson	44.00	April Hedges	39.26	Rosie Heape	30.08
U/14	G 4X50m	Free Relay	2:15.79	6	Danielle Carbery	34.33	Natalie Andrew	35.33	Juliette Williamson	33.24	Charlie Carr	32.89
U/14	B 100m	Back	1:13.45	2	Alfie Brown							
U/14	B 100m	Breast	1:29.92	2	William Ward							
U/14	B 100m	Fly	1:21.06	4	Alfie Brown							
U/14	B 100m	Free	1:06.75	3	Ross James							
U/14	B 4X50m	Medley Relay	2:25.00	4	Joe Phillpott-Clark	37.94	Ross James	40.32	Alfie Brown	35.58	Sam Rees	31.16
U/14	B 4X50m	Free Relay	2:03.81	3	Ross James	31.13	Joe Phillpott-Clark	31.43	Sam Rees	30.87	Alfie Brown	30.38
U/16	G 100m	Back	1:15.30	3	Nicole Barron							
U/16	G 100m	Breast	1:28.04	3	Ellie James							
U/16	G 100m	Fly	1:17.54	2	Brooke Tafazolli							
U/16	G 100m	Free	1:08.09	4	Brooke Tafazolli							
U/16	G 4X50m	Medley Relay	2:20.48	1	Nicole Barron	35.81	Ellie James	41.39	Brooke Tafazolli	33.21	Rosie Heape	30.07
U/16	G 4X50m	Free Relay	2:05.35	2	Brooke Tafazolli	31.36	Nicole Barron	31.69	Ellie James	32.35	Rosie Heape	29.95

